

GRADE 10 - COURSE SELECTION WORKSHEET

“Q” Course Request window – March 5 (9:00 pm) through March 8 (11:00 pm)

Notes/Alternates	Zero Period	Credits	My Totals
<p><i>Circle a zero period or check no zero period below</i></p> <p><input type="checkbox"/> NO ZERO PERIOD</p> <p>Alternate 1: _____</p> <p>Alternate 2: _____</p>	Drawing/Painting I/II CP (yearlong) Government CP (S1 & S2) Athletic Training II CP (S2) Intro to Engineering CP (yearlong) 3D Design CP (yearlong) Intro to Personal Finance CP Digital Electronics (H) (yearlong) (S1 & S2) Biology CP (yearlong) Jazz Band H (yearlong) Chemistry CP (yearlong) Office Systems (S1 or S2) Environmental Science CP (yearlong) Spanish III (H) (yearlong) Math Skills Lab (S1 or S2) Spanish Culture & Film (H) Football (S1& S2) (yearlong) PE 9 (S1 & S2) Statistics CP/AP (yearlong) Geometry CP (yearlong) World History CP (yearlong)	0-10	
	English		0-10
<i>Circle the level you desire and qualify for.</i>	English II CP English II H	10	
History/Social Science			
<i>Circle the level you desire and qualify for.</i>	World History CP	10	
Science			
<i>Circle the level you desire and qualify for.</i>	Biology CP Biology H Foundations of Science AP Biology	10	
Mathematics			
<i>Circle the level you desire and qualify for.</i>	Algebra IA Math Analysis CP Algebra IB Math Analysis With Calculus H Algebra 1 Statistics CP Geometry CP AP Statistics Algebra II CP AP Calculus AB Algebra II With Trigonometry H AP Calculus BC Finite Math CP Intro to Personal Finance	10	
OPHS CIF SPORT(S)			
	<i>Please circle the PE class you plan to take below. Or, if you play a sport for OPHS, please write the name of the sport below.</i>		
Physical Education			
<i>Circle an option for each semester. Bolded classes are for student/athletes who have already made these teams.</i>	Playing an OPHS Sport, Cheer, Stunt or Dance team(s) _____ Basketball class Baseball class Girls' Soccer class Girls' Volleyball class Intramural Basketball Strength & Conditioning class Ultimate Sports class Walking for Fitness class	Playing an OPHS Sport, Cheer, Stunt or Dance team(s) _____ Basketball class Baseball class Girls' Softball class Boys' Volleyball class Intramural Basketball Strength & Conditioning class Ultimate Sports class Walking for Fitness class	0-10
CREDIT SUBTOTAL			
Alternate 1:	Elective 1:	10 - 20	
Alternate 2:	Elective 2:		
Alternate 3:	Elective 3:		
Alternate 4:	Elective 4:		
Eighth Period			
<i>You may choose an option to take after school.</i>	Mock Trial, Acting, Stagecraft (audition/pre-approval required) Advanced Band (Marching Band) (S1) Advanced Band (Drumline – Color Guard – Jazz) (S2)	2.5 - 20	
ELECTIVE CREDIT SUBTOTAL			
<i>You may choose a study hall if you have at least 60 credits and 6 classes on campus (i.e. you have a 0 period or after school class).</i>	Study Hall (Fall)	Study Hall (Spring)	
FINAL CREDIT TOTAL		60-80	

Student Name (Print Clearly): _____ Parent Signature: _____

Notes:

- (Q)** = Quarter Class (2.5 credits)
(S) = Semester Class (5 credits)
(Y) = Yearlong Class (10 credits)
CP = College Prep-UC/CSU “a-g” approved
(H) = UC/CSU approved Honors course
Honors = High School Honors course
AP = Advanced Placement class
* = Course may be taken multiple times in high school career per instructor approval
** = CP/Honors “a-g” approval pending

Please refer to the OPHS Course Selection Guide on the OPHS Website or the Course Catalog in Naviance for full course descriptions, prerequisites, and grade level restrictions.

ENGLISH

- (Y)** English I CP (*EN-ENG1CP*)
(Y) English II CP (*EN-ENG2CP*)
(Y) English II Honors (*EN-ENG2H*)**
(Y) English III CP (*EN-ENG3CP*)
(Y) English III (H) (*EN-ENG3H*)
(Y) AP English Language & Composition (aka English III AP) (*EN-ENG3AP*)
(Y) AP English Literature & Composition (aka English IV AP) (*EN-ENG4AP*)
(Y) English IV (H) (*EN-ENG4H*)
(Y) Journalism II: Newspaper Production (H) (*EN-JOURN2H*)
(S) Cinematic Texts CP (*EN-SRCINE*)
(S) Madness & Identity CP (*EN-SRMAD*)
(S) Modern American Lit CP: Sports & Culture (*EN-SRSPORT*)
(S) Mythology to Science Fiction CP (*EN-SRMYTH*)
(S) Environmental and Sustainability Literature (*EN-SRENVIR*)**

GENERAL ELECTIVES

- (Y)** ASB Government CP (*GE-ASBGOVT*)*
(S) Academic Decathlon (*GE-ACADEC*)*
(S) Creative Writing CP (*GE-CRWRIT*)
(Y) Directed Studies (*STSKL*)*
(Y) ELL Lab (*GE-ELLAB*)*
(S) Film As Lit I CP (*GE-FLMLITI*)
(S) Intro to Personal Finance CP (*M-FINANCE*)*
(S) Life Skills (*HLS-LIFESK*)
(S or Y) Math Honors Society (*MHS*)*
(Y) Mind Matters (H) (*GE-MndMtrs-1*)*
(Y) Mock Trial (*GE-MOCKTRL*)*/**
(S) Psychology CP (*SOC-PSYCH*)
(Y) AP Psychology (*SOC-PSYCAP*)
(S) Sociology CP (*SOC-SOCIO*)
(S) Sociology of American Pop Music CP (*SOC-SOCMUS*)

- (S)** Speech CP (*PS-SPEECH*)
(S or Y) Athletic Training 1/2 CP (*PS-ROPATH*)
(S) CERT/EMS CP (*PS-ROPATH3*)
(Y) Aerospace Engineering (H) (*GE-AEH*)
(Y) Introduction to Engineering Design CP (*GE-INTROENG*)
(Y) Civil Engineering & Architecture CP (*GE-CIVIL*)
(Y) Digital Electronics (H) (*GE-DIGITE*)
(Y) Mechatronics Engineering Lab (H) (*GE-EDD*)
(S) Construction Tech: Cabinetry (aka Woodshop) (*PS-WOOD1*)*/**
(S) Technical Drafting & Design (aka Architecture) (*PS-BEGARCH*)*/**
(Y) AP Computer Science Principles (*CL-APCSP*)
(S) Intro to Programming (*CL-COMPPRO*)*
(S) Office Systems & Technologies (*CL-COMPAPP*)*
(S) Robotics (*CL-ROBOT*)*
(S) ROP Web Design CP (*CL-MULTMED*)
(Y) IT Essentials - Intro to Cyber Security CP (*CL-ITESSEN*)
(Y) ROP Game Design CP (*GE-GameDes*)
(Y) Journalism I: Intro to Journalism CP (*PS-JOURNAL or PS-JOURNAS*)
(Y) Journalism II: Newspaper Production (H) (*EN-JOURN2H*)
(S or Y) Yearbook (*PS-YEARBK*)*
(Q) Acting: Theater A CP (*8-THETRA*)*
(Q) Stagecraft (*PS-ROPSTCR*)*/**
Note: Acting and Stagecraft students must be selected to be a member of the Stage Cast or Crew for after school productions to receive credit.
(S) School Service (*SCHOOLSVC*)*
Note: Seniors only. 10 credits maximum
(S) Study Hall–Fall/Spring (*STUDYHALL-1 or 2*)*
Note: No credit is granted for Study Hall

HISTORY/SOCIAL STUDIES & HEALTH

- (S)** Economics CP (*SOC-ECON*)
(S) Geopolitics and the World Today (*SOC-ECONGE*)*
(S) AP Macroeconomics (*SOC-ECONAP*)
(S) Government CP (*SOC-GOVT*)
(Y) US History CP (*SOC-USH*)
(Y) US History (H) (*SOC-USHH*)
(Y) AP US History (*SOC-USHAP*)
(Y) World History CP (*SOC-WH*)
(S) Health CP (*HLS-HEALTH*)
(S) World Geography CP (*SOC-WLDGEO*)

MATHEMATICS

- (Y)** Algebra IA CP (*M-ALGIAYR*)
(Y) Algebra IB CP (*M-ALGIBYR*)
Note: Algebra IA & IB count as 1 year of CP level Math upon completion of 1B with a “C” or higher grade for college admission purposes.
(Y) Algebra I CP (*M-ALG1*)
(Y) Geometry CP (*M-GEOMCP*)
(Y) Algebra II CP (*M-ALG2*)
(Y) Algebra II with Trigonometry Honors (*M-ALG2TRIG*)
(Y) Finite Math CP (*M-FINITE*)
(Y) Statistics CP (*M-STATCP*)
(Y) AP Statistics (*M-STATAP*)
(Y) Math Analysis CP (*M-ANALYSIS*)
(Y) Math Analysis w/Calculus (H) (*M-PRECALC*)
(Q or S) Math Skills Lab (*M-MATHSKLS*)*
Note: Zero Period only
(Y) AP Calculus AB (*M-CALCAP*)
(Y) AP Calculus BC (*M-CALCBC*)

PHYSICAL EDUCATION

- (S or Y)** PE 1 (*PE-9FALL or PE-9SPR*)
(S) Baseball Team (Spring) (*PE-BASEB*)*
(S or Y) Basketball Team (*PE-BASKET*)*
(S or Y) Football Team (*PE-FOOT*)* *Zero prd only*
(S) Girls Soccer Team (Fall) (*PE-Soccer*)*
(S) Girls Softball Team (Spring) (*PE-Softbl*)*
(S) Boys Volleyball Team (Spring) (*PE-VBALL*)*
(S) Girls Volleyball Team (Fall) (*PE-VBALLG*)*
(S or Y) PE – Intramural Sport (*PE-INTBAS*)
(S or Y) PE – Strength and Conditioning (*PE-STRCON*)
(S or Y) PE - Ultimate Sports (*PE-ULTIM*)
(S or Y) PE - Walking For Exercise (*PE-WALK or PE-WALKS*)

SCIENCE

- (Y)** Anatomy & Physiology CP (*SCI-ANPH*)
(Y) Biology I CP (*SCI-BIO*)
(Y) Biology I Honors (*SCI-BIO1H*)*
(Y) AP Biology (*SCI-BIOAP*)
(Y) Chemistry CP (*SCI-CHEM*)
(Y) Chemistry (H) (*SCI-CHEMH*)
(Y) AP Chemistry (*SCI-CHEMAP*)
(Y) Environmental Science (*SCI-ENVCP*)*
(Y) AP Environmental Science (*SCI-ENVAP*)
(Y) Foundations of Science P&C CP (*SCI-GLOBAL*)
(Y) Fundamentals of Science (*SCI-FUND*)
(Y) Physics CP (*SCI-PHYSIC*)
(Y) AP Physics 1 (*SCI-PHYAP1*)
(Y) AP Physics 2 (*SCI-PHYAP2*)

VISUAL & PERFORMING ARTS

- (Q)** Acting: Theater A CP (*8-THETRA*)*
(Y) Art: Drawing & Painting I/II CP (*VPA-DRPT12*)
(Y) Adv Drawing & Painting III/IV CP (*VPA-ADDP12*)
(Y) AP Art: Drawing (*VPA-ARTAP*)
(Y) Art: 3-D Design I/II CP (aka Ceramics) (*VPA-3D1-2*)
(Y) Advanced 3-D Design CP (*VPA-AD3D12*)
(Y) AP 3D Art and Design (*VPA-AD3D12*)
(Y) Computer Animation I/II CP (*VPA-ANMI-2*)
(Y) Advanced Animation III/IV CP (*VPA-ADAN34*)
(Y) Digital Photography I/II CP (*VPA-Phot12*)
(Y) Computer Graphics I/II CP (*VPA-COMGRP*)
(Y) Advanced Computer Graphics CP (*VPA-ADCOGR*)
(Y) AP 2D Art and Design (aka AP Computer Graphics) (*VPA-GRAPAP*)
(Y) Video Production CP (*VPA-THETRE*)
(Y) Advanced Video Production (*VPA-VPAADV*)**
(S) Advanced Band CP (Marching Band) (*VPA-BANDADV*)* *8th Period Fall only*
(S) Advanced Band CP (Drumline, Color Guard, Jazz) (*VPA-ADVBNS*)* *8th Period Spring only*
(Y) String Orchestra CP (*VPA-STRORC*)*
(Y) String Orchestra (H) (*VPA-StrngH*)*
(Y) Wind Ensemble CP (*VPA-CNCBND*)*
(Y) Wind Ensemble (H) (*VPA-WIND*)* *By audition only*
(Y) Jazz Band CP (*VPA-JAZBND*)*
(Y) Jazz Band (H) (*VPA-JZBNDH*)*
Jazz Band CP/Honors: Zero period and By audition only
(Y) Chamber Choir CP (*VPA-ADVVOIC*)*
(Y) Chamber Choir (H) (*VPA-HCHOIR*)*
Chamber Choir CP/Honors: By audition only
(Y) Vocal Ensemble CP (*VPA-VOCPRO*)*

WORLD LANGUAGES (LOTE)

Language Other Than English

- (Y)** American Sign Language 1 CP (*FL-ASL1*)
(Y) American Sign Language 2 CP (*FL-ASL2*)
(Y) American Sign Language 3 CP (*FL-ASL3*)
(Y) American Sign Language 3 (H) (*FL-ASL3H*)
(Y) American Sign Language 4 (H) (*ASL IV H*)
(Y) Chinese I CP (*FL-CHIN1CP*)
(Y) Chinese II CP (*FL-CHIN2CP*)
(Y) Chinese III CP (*FL-CHIN3CP*)
(Y) Chinese III (H) (*FL-CHIN3H*)
(Y) AP Chinese Language and Culture (*FL-CHIN4AP*)
(Y) French I CP (*FL-FRENCH1*)
(Y) French II CP (*FL-FRENCH2*)
(Y) French III CP (*FL-FRENCH3*)
(Y) French III (H) (*FL-FREN3H*)
(Y) French IV CP (*FL-FRENCH4*)
(Y) AP French Language and Culture (*FL-FREN4AP*)
(Y) Spanish I CP (*FL-SPAN1*)
(Y) Spanish II CP (*FL-SPAN2*)
(Y) Spanish III CP (*FL-SPAN3*)
(Y) Spanish III (H) (*FL-SPAN3H*)
(Y) Spanish IV Honors (*FL-SPAN4*)*
(Y) AP Spanish Lang. and Culture (*FL-SPAN4AP*)
(Y) Spanish Culture & Film (H) (*FL-SPANCFM*)*